



UPHEC Welcomes new 'family' members



Ethan James Jastifer
May 13, 2007
3:00 a.m.
8 lbs 2 oz



Beatrice Michelle Plum
March 23, 2007
3:40 a.m.
4 lbs 6.6 oz
16.5 inches



Brianna Tobin-Anderson
February 3, 2007
6:45 a.m.
9 lbs 8.8 oz
21.5 inches



Yatin Kavuri
March 15, 2007
10:21 a.m.
7 lbs. 5.2 oz
18.75 inches

UPHEC gets new
logo!



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Medical School*

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Congratulations to the proud Moms & Dads!

News from the Medical School . . .

Welcome Class of 2009



Davita Burkhead-Weiner



Daniel Danczyk



Katrina Kreft "Katie"



Meredith Rumon



Tihele Walkowsky



Jeffrey Wheeler

Employee Update

UPHEC would like to welcome Dr. M. Scott Doughty, the newest member of the faculty at the Marquette Family Medicine Residency. After graduating from the Residency program in 1995, he worked in the U.P. and Alaska for two years before moving to Zuni, New Mexico. There he worked with the Indian Health Service for 10 years as a family physician and diabetes program director. In addition to the richness of a cross-cultural experience, Scott returns to Marquette with a better understanding of community-oriented primary care, Native American health issues, and rural family medicine.

We would also like to welcome Staci Kochan as the new Secretary for the Marquette Family Medicine Residency Program. Staci is originally from White Pine, Michigan, and was a legal secretary in both Madison, Wisconsin, and New York. She and her family spent the summers in the Upper Peninsula.

Her husband is the Assistant Coach for the Marquette Rangers and her son, Dmitri, will be entering first grade at Cherry Creek Schools in Harvey. Staci and her family are glad to be back in the U.P.

We bid farewell to a number of UPHEC family members within the past few months.

Jennifer Quinnell, Community Clerkship Assistant; Dusty Juidici, Secretary for the Marquette Family Medicine Residency; Dr. Kevin Piggott, who will be doing a two-year General Preventive Medicine and Public Health Residency at the University of Michigan School of Public Health; and Dr. Randy Card who is returning to the Minnesota area along with his wife Dr. Kristi Elliott.

We will miss all of you and wish you luck!

News from the Medical School . . .

Luoma Named to Michigan Advisory Council on Immunization

David Luoma, MD, was appointed to the Michigan Advisory Council on Immunization (MACI). MACI was formed in 1992 to advise the Michigan Department of Community Health on immunization-related issues. Current membership includes representatives from the Michigan Health and Hospital Association, the Michigan State Medical Society, the Michigan Osteopathic Association, the Michigan Chapter of the American Academy of Family Physicians, and various other public health and health related organizations. The increased number of vaccines that are recommended for children and adults along with the challenges of vaccine financing make this committee's role essential to our state. Dr. Luoma is the only member from the U.P. on MACI.

Match Results

The U.P. Campus, Michigan State University College of Human Medicine, is proud to inform you of this year's Match results:

Class of 2007

Christopher A. Dehlin
Family Medicine
Marquette Family Medicine
Residency Program
Marquette, Michigan

Timothy M. Ehle
Internal Medicine
Mayo School of Graduate Medical Education
Rochester, Minnesota

Katriina M. Hopper
Internal Medicine
Yale - New Haven Hospital
New Haven, Connecticut

Margaret B. Lekander
Family Medicine
Brown Medical School Memorial Hospital
Providence, Rhode Island

Karl M. Meisel
Neurology
Brown University Internal Medicine Residency
Providence, Rhode Island

Lauren Wadland Meisel
Pediatrics
Rhode Island Hospital Brown University
Providence, Rhode Island

Corinne Baldwin Peimer
Family Medicine/Preventive Medicine
Oregon Health & Science University
Portland, Oregon

Danielle L. Waggoner
Internal Medicine
Grand Rapids Medical Education
Grand Rapids, Michigan

Class of 2006

Sharon A. Stoll
Family Practice
LaCrosse - Mayo
LaCrosse, Wisconsin

Newsorthy

Sarah Roberts, Year 4 medical student, was appointed to the American Academy of Family Physicians Commission on Continuing Professional Development as sole student representative to the 2007 committee. She is only one of 12 students appointed to AAFP commissions each year and has recently completed her 2006 national position as an AAFP Family Medicine Interest Group Regional Coordinator.

Toby Long, Year 4 medical student, received the Blake Smith Memorial Primary Health Care Endowed Scholarship. The Smith Scholarship provides a stipend of \$1,000 for a CHM student, resident, or faculty member (academic/clinical/volunteer) engaged in furthering the goals of primary health care or community-oriented medical education with an emphasis on international settings or underserved areas and populations in the USA. The award is a competitive process and can go toward an education, research or service experience in primary care.

Karen Pascoe and Tanya Donohue attended Quickbooks Training for UPHEC's new accounting software.

Ryan Ludwig, Year 4 medical student, participated in the Munising Central Elementary School Health Fair. Ryan had a chance to speak with elementary students and assisted in health screening for students in kindergarten through sixth grade.

Davita Burkhead-Weiner, Year 3, participated in the fourth annual Teal Lake Swim for Diabetes on Saturday, July 28, 2007. The event involves a 2.25-mile competitive swim ending at Ishpeming's Al Quaal Recreation Area. With over 50 participants competing in the race, Davita finished seventh overall with a time of 1:04:30. Great Job, Davita!

Visiting Students

We would like to welcome the following visiting students to the U.P. Campus.

Robert Brevetta University of New England
Family Medicine with Dr. Hubbard from August 27 - September 21, 2007

Christine Harsant MSU-CHM - Flint
Anesthesiology with Dr. Klemme from Septemebr 4 - 28, 2007

Tom O'Neil Wayne State Medical School
Family Medicine with Dr. Groenveld and Dr. Olson from September 4-30, 2007

Francisco Hernandez New York Medical College
Family Medicine with FamilyCare Doctors from September 24 - October 19, 2007

News from the Residency ...

2007 Osteopathic Match Results



Katie Picucci, D.O.
Iron Mountain, MI
College of Osteopathic Medicine



Lisa Knauf-Jorasz, D.O.
Bark River, MI
Kirksville College of Osteopathic Medicine

2007 Allopathic Match Results



Sharon L. Boyce, M.D.
Atlanta, Georgia
Morehouse School of Medicine



Matthew J. Roberge, M.D.
Marquette, Michigan
Wayne State University



Christopher A. Dehlin, M.D.
Gladstone, Michigan
Michigan State University -CHM



Melanie E. Purres, M.D.
Kingston, New York
University of Sint Eusta-

News from the Residency ...

People, Places and Successes

Dr. Randy Card served as mentor for the upcoming MSU CHM U.P. Campus students overseeing the second-year residents "Early Identification and Management of COPD" quality improvement project. Dr. William Short will be continuing the mentorship program with the MSU CHM U.P. Campus students.

Dr. William Short gave a presentation entitled, Outpatient Detox, at the Upper Peninsula regional conference in February 2007.

Dr. Kevin Piggott gave a presentation on "Healthcare and the Uninsured in the U.S." at the UP Health Access Coalition (UPHAC) Annual Conference. He also gave a presentation to the pre-medical students at Northern Michigan University and at the Marquette General's Friday noon conference series.

Dr. Card has been selected as co-chair of the Marquette General Hospital's Medical Advisory Panel.

Dr. Card has also been selected as chair of the MGH Physician Practice Plan Development Sub-Committee on Operations/Quality Improvement.

On January 27, residents and medical students once again provided medical assistance for the Subaru Noquemenon Ski Marathon under the coordination of Suzi Clarke, MD. Volunteers included: Joel Dank, Jen Dehlin, Ryan Ludwig, John Pietila, Rachel Plum, and Sarah Roberts. This year the total number of skiers was 1,480. The race ended at the Forrestville location where the majority of volunteers were located. Fortunately there were no serious injuries and a total of eight skiers officially received treatment from the volunteers. If you missed out on the fun this year, no need to worry because volunteers will be needed again next year!

Congratulations to Kanthi Narra, MD, on his marriage last weekend in India and to Siddhesh Lotlikar, MD, on his engagement.



Physician Well-Being

Residents spend time taking care of "the whole you" which is scheduled at the end of each rotation for Physician Well-Being.

News from the Grants & Research Unit

Alger County Community Health Study

Michigan State University Office of Outreach and Engagement and the MSU Extension awarded \$50,000 in funding support for the 2007 Alger County Community Health Study. Other funding supporters include Upper Peninsula Health Education Corporation, Medical Care Access Coalition, and MSU College of Human Medicine. Tremendous support has been received from the community. The 15 Advisory Board Members made up of local health professionals and other community members have been active in planning and facilitating this opportunity to learn more about the health and well-being of the community.

Third year medical students spent two full days during the week of May 14th in Munising visiting nursing homes, assisted living, alternative care and other key facilities to assist community members in completing the survey. They were highly visible in the community and gained hands-on research experience with a better understanding of elderly participant needs.

Alger County has a total population of 9,665 (US Census Bureau, 2006). The survey was sent to 4,468 households, two surveys per household. Approximately 10 percent of the surveys were returned. UPHEC, MGHS, temporary staff, pre-med volunteers, and Advisory Board members facilitate the mailing.

Helping Hands Grant

Sarah Roberts, Year 4 medical student, received a \$3,750 grant from the American Psychiatric Association to establish a postpartum depression screening and support program in the Upper Peninsula. Preliminary stages are underway for the project, and MGHS Family Birthing Center, Women's and Children's Center, and UPHP as well as other local agencies are providing in-kind support. Other students involved in this program are Frank Powers, Year 4; Davita Burkhead-Weiner, Year 3; Tihele Walkowsky, Year 3; Meredith Rumon, Year 3; and Dana Klope, Year 4. Sarah will also be conducting research as an elective during the month of September 2007 along with this study.

UPHEC Research Meetings

Research meetings will begin September 17 and are scheduled for the third Tuesday of the month through May 2008. Dr. Dan Arnold will be presenting at the September 17, 2007, meeting on the role of the Institutional Review Board and the protection of human subjects. Everyone is welcome to join these informative meetings! Bring your lunch and join us.

Gastroesophageal Reflux (GER) in Infants Study

Both subject recruitment and data collection are complete. The sixth quarter of the Gastroesophageal Reflux in Infants Study being conducted by Drs. VanHowe and Storms will focus on statistical analysis of the data.

Costs of Formulary Implementation Beyond Drug Acquisition

Randall Card, MD, and Renee Koski, PharmD, submitted their Costs of Formulary Implementation Beyond Drug Acquisition Study to the Robert Wood Johnson Foundation under the Changes in Health Care Financing and Organization (HCFO). Dr. Luoma will oversee the project, while Drs. Card and Koski serve as co-directors.

Grantsmanship Program Training

UPHEC hosted a five-day Grantsmanship Training Program the week of July 30 - August 3, 2007. This program comes to us from The Grantsmanship Center (TGCI), the world's oldest and largest fund development training organization. The program is designed for both novice and advanced grantseekers. The Grantsmanship Training Program is a hands-on learning experience that covers researching grants, writing grant proposals, and negotiating with funding sources. UPHEC staff members Carolyn Weissbach and Jody Lindberg attended the training.

Jody Lindberg attended a grant-seekers workshop facilitated by the Foundation Center - New York, and hosted by the Great Lakes Center for Youth Development on July 16, 2007. The workshop explored funding opportunities and The Foundation Center's grant proposal development resources.

Jody Lindberg attended the Research Director's meeting in Saginaw, Michigan, on July 25, 2007. RD's from the six CHM Campuses are looking to collaborate on a research project where all campuses can be involved. The next meeting is scheduled for October.

PharmD News

Renee Koski, PharmD, has earned the Certified Anticoagulation Care Provider (CACP) credential from the National Certification Board for Anticoagulation Providers.

Dr. Koski volunteered for the 2007 Pharmaceutical Clean Sweep Initiative. Residents of 14 Upper Peninsula counties were able to unload expired prescription and over-the-counter medications as well as personal care products at the Clean Sweep, the largest collection effort of its kind in the Northern Great Lakes States.

We would like to welcome Dr. Koski's most recent PharmD students: Ernest Luri from Kingsford, Michigan; P.J. Grandchamp from Gladstone, Michigan; Ariane Mosier from Escanaba, Michigan; and Michelle Morissette from Ishpeming, Michigan. These students will be with us from August through November 2007.

News from NAHEC

By Carolyn Weissbach, J.D., M.P.H.

Director, Northern Area Health Education Center

Project Director, Area Geriatric Education Scholars, UPHEC

Activity in this sector is with respect to the Area Geriatric Education Scholars Internship Program (AGES) and attendance at the recent annual meeting of the National Rural Health Association.

[AGES Summer 2007 Program Interns Attend Orientation and Begin their Internship Placements at Long-Term Care Sites Around the U.P.](#)

UPHEC's AGES pre-internship orientation was held for all incoming 38 Summer 2007 interns from June 19-21 in Marquette at Northern Michigan University (including the Seaborg Center for Math and Science) and Marquette General Health System. Presenters affiliated with UPHEC included David Luoma, M.D., Carolyn Weissbach, J.D., M.P.H., Renee Koski, Pharm.D., and Chris Dehlin, M.D. Guest presenters included representatives of the Wayne State School of Medicine (Maryjean Schenk, M.D.), faculty from NMU's School of Nursing, Clinical Lab Sciences Department and pre-med programs and staff from Marquette General Health System's Education and Telehealth Departments. The event was coordinated by AGES Project Director Weissbach.

A presentation by Danny Yarger, M.D. (Iron County Community Hospital, Crystal Falls) on recognizing and addressing the symptoms of Alzheimer's and dementia during orientation was particularly well-received by AGES interns.

The AGES interns had the opportunity to tour MGH's Telehealth Medecine facilities, MRI unit and new Emergency Department. An AGES banquet was held on June 19 to kick-off the orientation and recognize funders and other supporters of AGES including LTCs. UPHEC received recognition and letters of support for AGES from several governmental officials including U.S. Senator Debbie Stabenow, U.S. Representative Bart Stupak, Michigan Governor Jennifer Granholm and Michigan State Senator Mike Prusi. We also received a warm, congratulatory video welcome and message commendation from Governor Granholm who noted the value of AGES in meeting shortages of health professionals in Michigan consistent with other State-sponsored initiatives.

On June 25, the interns began their site orientations and 7-week placements at 13 public and private long-term care sites. These sites include: Tendercare-Munising (Alger County), Bayside Village – L'Anse (Baraga County), War Memorial Hospital LTC -Sault Ste. Marie (Chippewa County), Pinecrest Nursing Facility – Powers (Delta and Dickinson Counties), Portage Pointe and Houghton County Medical Care Facility – both in Hancock (Houghton County), Iron County Medical Care Facility – Crystal Falls (Iron County), Helen Newbery Joy Hospital LTC – Newberry (Luce County) and Jacobetti Home and Norlite – Marquette, Marquette County Medical Care and Mather – Ishpeming and Eastwood – Negaunee (Marquette County).

At their placement sites, AGES interns assist and lead activities for the LTC's elderly residents (e.g. Sing-along, gentle exercise, wheel chair tai chi, bingo), assist residents with general mobility and care in the LTC sites' Activities, Nursing and Physical Therapy Departments, job shadow health professionals such as physicians, nurses and physical therapists and provide general companionship for 20-30 hours per week. Interns will participate on July 16 and 30 in two telehealth meetings with AGES staff from their remote county locations via the UP Telehealth Network regarding assessment and additional geriatric health education. A debriefing session will be held by UPHEC in Marquette for

all interns on August 6. Interns receive an aggregate stipend of \$1,000 for the summer. The program runs through August 10.

Funders of AGES include UP community foundations, UP hospital foundations, Michigan State Extension, MichiganWorks!, UPCAP, UP Health Plan, UPHCN (awaiting final word at this time which is to be made on July 13 at UPHCN meeting), UPPCO, Great Lakes Center for Youth Development, Marquette-Alger Counties Medical Society and the Blue Cross/Blue Shield Foundation of Michigan. More than \$25,000 in local funding plus additional in-kind support has been raised this year. A particularly exciting recent development was the Blue Cross/Blue Shield of Michigan Foundation's award of a grant to UPHEC for \$25,000 to match an equal amount of locally-raised funds for the Summer 2007 AGES program. In its recent award letter, the Foundation also indicated that it will provide additional funding in the amount of \$25,000 (for a total of \$50,000) to match funds that UPHEC raises locally for next year's AGES Summer 2008 effort, a big boost to our fund development efforts UPHEC aims to ensure the fiscal sustainability of this very successful program growing in popularity with UP youth, long-term care sites, other UP health entities and senior LTC residents. UPHEC is engaged in ongoing fund development to ensure that AGES is sustainable and that we have capacity to offer this increasingly popular program in coming years.

In Fall 2007, approximately half of the Summer 2007 AGES interns are entering their senior year at U.P. high schools while the balance are entering college and university study at schools

At this time, in addition to program administration of the Summer 2007 AGES program and fund development, Weissbach is a) conducting site visits to all 13 participating LTC sites, b) leading 3 educational and assessment sessions with the interns, c) developing and implementing additional assessment tools, d) exploring collaborative publication venues and possibilities for AGES papers, e) promoting AGES placements through local television and newspaper coverage of orientation and LTC internship placement activities and f) working with the AGES media consultant on producing a short AGES film for use in promotion, fund development and dissemination activities. All AGES partners to date, including the Seaborg Center at Northern Michigan University, Marquette General Health System and Michigan State Extension – UP Region, have expressed great interest in continuing with and growing their involvement with the program for next summer.

The AGES program greatly appreciates support with administration provided by UPHEC staff members Larry Alexander, Connie Miller, Patti Copley, Tonya Donohue, Jody Lindberg, and Karen Pascoe.

Report on National Rural Health Association's Annual 2007 Meeting: Hello Alaska!

Weissbach attended the annual NRHA meeting in Anchorage, Alaska, from May 13 – 19, 2007, and learned about frontier and rural medicine first-hand and through presentations at the conference.

During special NRHA pre-conference visits to remote, rural health care sites, Weissbach visited Whittier, Alaska, a town of 300 residents accessible only by train through a tunnel built by the U.S. Army at the beginning of World War II. All Whittier residents reside in the same apartment building and their health needs are met by a nurse-practitioner and her assistant who consult with physicians and pharmacists via telehealth connections and receive prescriptions via a unique coding system that results in authorized releases of medications on-site from a candy machine-like dispenser. Particular challenges include transporting accidental injury cases to Anchorage and ensuring adequate access to specialty care. Weissbach and her NRHA group also traveled to Seward where 21% of the population are Alaskan Native. There the group a) visited a small, rural hospital and affiliated long-term care site Providence Seward Medical and Care Center whose LTC administrator went to nursing school with a LTC nurse from the UP) and b) a Native American clinic that assists in the training of Alaska's Health Aides, laypeople situated in frontier regions of the state and trained in basic emergency medicine and health assessment procedures with respect to physical, dental and behavioral health. She took away useful illustrations of programs and practices in rural health programs, particularly with respect to promoting the health professionals, that might be replicated in some form in the UP. Among chal-

allenges discussed were difficulties in transporting emergency cases to Anchorage's Providence Alaska Medical Center, the state's largest hospital and primary medical referral center, where most of the family residency's rotations occur.

Among challenges by Alaska's health system in delivery care to rural, frontier communities whose residents include 65,000 Alaska Natives and 60,000 non-Natives are barriers of wintery weather, vast distances and locations unreachable by highway necessitating transport via boat or airplane. (Even Alaska's capital of Juneau is land-locked.) According to a May 2007 report published by the Alaska Experience Project, a) the number of deaths per 100,000 population for Alaska Natives was 109 relative to 51.7 for Alaska Whites and 36.4 for all U.S. Whites; b) the number of suicides per 100,000 residents was 36.1 for Alaska Natives relative to 16.7 for Alaska Whites and 11.6 for U.S. Whites overall and c) the prevalence of smoking is 44% for Alaska Natives relative to prevalence of 24% for Alaska Whites and 19.5% for the U.S. White population overall.

Weissbach also traveled on her own 2 miles north of Anchorage to Talkeetna which has a small rural family practice clinic with one physician and is the town on which the popular television series Northern Exposure is based. Talkeetna is the gateway to Mount McKinley, the tallest mountain in North America and the famous Denali National Park. Weissbach was one of six souls on a K-2 ski plane that flew from Talkeetna and landed on Mt. McKinley's Ruth Glacier only to be met by a group of six hiker-campers and an outhouse at the top of the glacier. Apparently this is a very popular spot.

A pre-conference session on medical education covered topics relevant to challenges in rural medical residency programs and training and placing medical students in electives at rural clinical sites. Alaska does not have its own medical school and has been a partner in the WAMI consortium since 1971 which also includes the states of Washington, Montana and Iowa.

The NRHA conference was quite informative and there were many attendees from the upper Midwest who shared interests and needs common to the UP. Conference organizers reported that this conference was the best-attended of any NRHA meeting for the past 10 years. Sessions attended covered a) exploring the community impact activity of small rural hospitals, b) health workforce development and retention, c) economic development and health workforce growth and d) current outcomes measurement practices. Speakers also provided federal legislative updates.

Photos below depict a) Weissbach's pre-conference NRHA rural medical site tour group outside the Seward long-term care site mentioned above (one photo) and b) AGES interns at the pre-internship orientation in Marquette (two photos).

Weissbach's Appointment as an Adjunct Assistant Professor

Weissbach was recently appointed to be an Adjunct Assistant Professor for one year with the Michigan State University College of Human Medicine, Department of Family Medicine. She appreciates this recognition and aims to hold her own as a JD- MPH adjunct faculty member among such a distinguished group of physicians.

Claude Pepper Awards Program

Carolyn Weissbach was recently awarded an honorable mention certificate from the Claude Pepper Awards Program sponsored by Blue Cross Blue Shield of Michigan and Blue Care Network based on her work with the AGES program. She was one of 42 Michigan residents, including 2 other UP residents, who received this recognition for helping to improve the lives of the State's elderly population. Two other Michiganders were recognized with the Claude Pepper Award for their contributions advocating and working on behalf of seniors. The awards and certificates will be presented at a ceremony conducted by the Blue Cross Blue Shield of Michigan Senior Advisory Council's 17th annual conference in Mount Pleasant on September 14, 2007.