



UPHEC Welcomes new 'family' members



Ava Kusnier  
August 31, 2007  
4:25 p.m.  
8 lbs 2.8 oz  
Parents: Drs. Louis &  
Kristi Kusnier



Raina Wayes Doughty  
October 7, 2007  
Born at home  
6 lbs 4 oz  
19.5 inches  
Parents: Dr. Scott &  
Amy Doughty



Ole John Schuldt  
October 29, 2007  
Parents: Dr. Gabe &  
Natalie Schuldt

*Congratulations to the proud parents!*

**Let it snow  
Let it snow  
Let it snow . .**

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Welcome



UPHEC would like to welcome Brian Waite, M.D., as an Assistant Director of the Marquette Family Medicine Residency program. He will join the program on February 11, 2008. After graduating from the Residency program

in 1999, he practiced rural family medicine at Whidbey Community Physicians in Oak Harbor, Washington. He also worked as a hospitalist at Whidbey General Hospital.

In addition to bringing over eight years of experience as a family phy-

sician, Dr. Waite also has extensive knowledge of coding and billing. He was the physician trainer for coding guidelines and billing practices and was also the physician trainer for the EMR program in his practice.

Dr. Waite precepted PA students who rotated through his office for 1-6 months. He enjoys teaching and that was something that drew him back to Marquette.

He is a graduate of the University of Washington School of Medicine, and his undergraduate degree is from Washington State University. He comes to Marquette with his wife, Danielle, and their two daughters.

# News from the Medical School . . .

## Hubbard Receives Outstanding Community Volunteer Faculty Award



Jim Hubbard, MD, Grand View Clinic -- Ironwood, was honored by Michigan State University's College of Human Medicine for his work with students.

"The students are enthusiastic and idealistic and their energy keeps me in touch with why I went into medicine in the first place. They keep me on my toes and keep my skills sharp. In short, I teach for purely selfish reasons -- It's a lot of fun!" Jim said.

Jim grew up in a rural town in Northwest Washington and always planned to practice in a rural community.

"The position in Ironwood is ideal. The hospital lets me pursue a broad practice including pediatrics, critical care medicine and OB. The area is beautiful and we love the people," Jim said.

Jim's affinity for teaching may have been less obvious than his love for small-town life, but his enthusiasm and skill point to a natural ability.

"When Jim became aware of the possibility of having CHM students with him during their rural family medicine clerkship, he immediately volunteered and has been an outstanding mentor to our young professionals ever since," said Community Assistant Dean and UPHEC CEO Dave Luoma, MD.

"Jim, who also works with the residency, is consistently praised by our learners for his outstanding clinical and interpersonal skills, as well as his sense of duty to patients," Dave added.

"Jim has brought distinction and honor to the College," said MSU-CHM Dean Marsha Rappley, MD.

The Community Volunteer Faculty Award recognized that CHM's programs are heavily dependent on volun-

teer faculty donating time and energy to the college. The award is presented each year to outstanding role models within CHM's network.

"I love teaching! Part of the culture of how doctors are trained involved teaching. The interns train the medical students, the senior residents train the junior residents and the attendings train everyone. When I finished my training and started practicing on my own, I really missed that environment. I'd see an interesting case in the office or perform an interesting procedure and I'd lament not having a student to share the experience with," Jim said.

Jim has worked with Grand View Health System since 2001 and has been a CHM volunteer faculty member since 2003. In that time he has also received MSU's Excellence in Teaching Award and the American Academy of Family Physicians Foundation Pfizer Teacher Development Award. He was also a medical volunteer in Biloxi, Mississippi, for the 2005 Katrina disaster relief effort.

Jim served as an army tank sergeant prior to attending Western Washington University in Bellingham, where he earned a degree in biology before attending the University of Washington School of Medicine, in Seattle. He completed his family medicine residency in Tacoma, Washington in 2001.



Left: Corinne Peimer, Class of 2007, and Dr. James Hubbard, with newborn after

# News from the Medical School . . .

## Rural Site Visits

During October, Dr. Clarke, Patti Copley, Connie Miller, and Carolyn Weissbach visited Ironwood to discuss the Rural Family Medicine Clerkship for third-year students and Rural Family Medicine Electives for residents at these sites. They met with Dr. James Hubbard and the new CEO of Grandview Health System, Carol Goeffnett. Other rural site visits are scheduled for upcoming months.

## Year 1 and 2 Visit

Dr. Luoma, Patti Copley, Susan Tincknell, and Connie Miller met with the U.P. campus year 1 and 2 students in East Lansing on October 16, 2007, to update them on local activities and provide students with an opportunity to ask questions about student and residency life in Marquette. ■

## ERAS

ERAS is in progress for the 2008 Match season. Dean's letters were released to Residency programs on November 1st. Students have applied to programs and will be traveling to interviews in the next few months. Good luck with your interviews!

## Wayne State University School of Medicine

UPHEC works conjunctively with Wayne State University's School of Medicine to coordinate WSU students for rural family medicine clerkships in the Upper Peninsula. We would like to welcome Tom O'Neill, who is on rotation in Iron Mountain with Drs. Groeneveld and Olson; Thomas Willis, on rotation in Houghton/Hancock area with Drs. Carlson and Kass; and Robert Faulkner who is with Dr. Hubbard in Ironwood.

## New CEO Appointed to MGHS

Marquette General Health System introduced its new Chief Executive Officer, A. Gary Muller, F.A.C.H.E., at a press conference on October 15, 2007. Muller's first day at the helm of MGHS was Monday, November 5.

A seasoned health care administrator, Muller has served for the past nine years as President and CEO of West Jefferson Medical



Center in Marrero, Louisiana, a 462-bed hospital and health system in the metropolitan New Orleans area.

During Muller's tenure at West Jefferson, the hospital was named on the U.S. News and World Report list of Best Hospitals in 2001, 2002, and 2003. West Jefferson was one of three hospitals to remain open and functioning with minimal resources in the wake of Hurricane Katrina. ■

# News from the Medical School . . .

## Student Awards

### *James Jastifer, Year 4 - CHM Surgical Alumni Endowed Scholarship*

The CHM Surgical Alumni Endowed Scholarship was established by Anthony Senagore, CHM '82, and James Surrell, CHM '80, both colorectal surgeons. This fund provides financial assistance to students who have shown an interest in pursuing surgery as a preferred specialty following graduation and have demonstrated an interest in serving the greater good. James is from Lowell and is seeking an orthopedic residency. James and his wife, Laurie, have one son, Ethan.

### *Toby Long, Year 4 - the Blake Smith, Ph.D., Endowed Memorial Fund*

Established in memory of long-time faculty member Blake Smith, Ph.D., this fund supports activities related to improving knowledge about and health of underserved urban and rural populations in the United States and abroad.

Toby was also recently recommended by his peers for induction into the *Gold Humanism Honor Society*. The Gold Foundation seeks to honor senior medical students, residents, role-model physician teachers and other exemplars who demonstrate excellence in clinical care, leadership, compassion and dedication to service. Approximately 15% of the graduating class are selected through a process including peer nomination followed by a review of clerkship evaluation comments and record of community service. Toby is from Mt. Pleasant and is seeking a family medicine residency. Toby and his wife, Andrea, have one daughter, Elise.

### *John Pietila, Year 4 - Daniel Mazzuchi, MD, Award for Excellence in Rural Medicine*

This award recognizes academic achievement with preference given to candidates committed to practicing rural medicine in Michigan.

John was also inducted in the *Alpha Omega Alpha (AOA) Honor Society*. Student inductees must demonstrate a superior record of academic performance, scholarship, research, leadership, service, and consistently exhibit high professional behaviors. This honor is given to the students in the top 15% of their class.

John is from Iron Mountain and is pursuing a residency in radiology. John and his wife, JoLynn, have one daughter, Maren.

### *Sarah Roberts, Year 4 -- William B. Weil, Jr., M.D., Endowed Scholarship*

This scholarship is awarded to CHM students making significant contributions to infant/child care through volunteerism or professional experiences and expressing interest in becoming a primary care physician.

Sarah also received the Alexander Family Expendable Scholarship established by

Dr. Beth Alexander, professor of Family Medicine. This scholarship encourages students to embrace a rich tradition of community involvement and service as they practice medicine. Preference is given to students who demonstrate a commitment to participation in scholarly publication, research, or involvement in curriculum development and a longstanding pattern of volunteer service in the community. Sarah is from Belmont and is seeking a family medicine residency.

*Corinne Peimer Cohen, 2007 Graduate -- CHM alumni Endowed Scholarship for Outstanding Commitment in Humanistic Medicine*

This is a pooled scholarship designed to support a fourth-year student who exemplifies a commitment to an integrated humanistic medical education program with equal emphasis on the biologic, behavioral, and social sciences.

Corinne is from Buffalo, New York, and is in the family medicine/preventive medicine residency at the Oregon Health and Science University, in Portland. She recently married Josh Cohen.

*Christopher Dehlin, 2007 Graduate -- Joan Hooper Endowed Scholarship*

This scholarship was established to honor the exemplary service of Joan Hooper to CHM's Upper Peninsula program. This scholarship is awarded to a fourth-year CHM student enrolled in the college's Upper Peninsula program.

Chris is from Gladstone and is in the Marquette Family Medicine Residency. Chris and wife, Jennifer, third-year resident in the Marquette program, have one son, Samuel.

*Lauren Wadland Meisel, 2007 Graduate -- Ingham County Medical Society Clinical Excellence Award*

Preference for this fund shall be given to students who have graduated from a high school in Ingham, Clinton, or Eaton counties.

Lauren and her husband, Karl, also a 2007 graduate, are in Providence, Rhode Island, where Lauren is in her pediatrics residency at Rhode Island Hospital Brown University.

# News from the Medical School . . .

## **Board Honors Nemacheck with Outstanding Service Award; Resolution of Special Recognition Plaque**

UPHEC's board of directors honored retiring member and former MGHS CEO Bill Mema-check with a plaque commemorating the board's resolution recognizing Mr. Nemacheck's outstanding service and dedication to UPHEC's mission.

Dr. David Luoma presented the plaque to Mr. Nemacheck and, speaking for the board, offered a heart-felt thank you.

Bill Nemacheck served on the Board of Directors from 1992 through 2007.

## **The U.P. Campus welcomes a new member to the Class of 2010**



We would like to welcome Reid Andress, Year 2, to the U.P. Campus. Reid will be joining the Class of 2010, who will be arriving in Marquette for their clinical training in 2008.

## **Robert Van Howe, MD, Consulting for the CDC**

Robert Van Howe, MD, MS, gave a presentation and provided consultation to the Centers for Disease Control (CDC) and Prevention in Atlanta in April. The consultation was held to help guide the CDC in developing policies regarding the prevention of HIV infections. In June, Dr. Van Howe traveled back to Atlanta to assist the CDC in evaluating grant proposals aimed at translational research. Finally, in August he was an invited speaker at the 25th International Congress of Pediatrics in Athens, Greece.

## **U.P. Campus to be Featured in the MD Magazine**

The Upper Peninsula Campus of Michigan State University's College of Human Medicine will be featured in the upcoming MD Magazine with information on the campus, area, research, residents, students, and faculty.

## **Pre-Med Visits**

During the Fall, Dr. Luoma, Patti Copley, and Susan Tincknell traveled to Houghton along with Sarah Roberts, Year 4, to talk to interested students at Michigan Technological University about health professions. Frank Powers, Year 4, accompanied them on their pre-med visit to Lake Superior State University in Sault Ste. Marie and a number of year 3 & 4 students attended the workshop at Northern Michigan University to speak with interested pre-med students.

# News from the Residency ...

Jeanne Baumann, RN, MSN, facilitated two PATH (Personal Action Toward Health) groups for patients with chronic disease and caregivers. These are 6-week workshops that help participants build skills to manage a variety of problems they have with chronic medical conditions. At the end of the program, participants are able to use strategies to manage fatigue, to communicate better with family, friends and health care providers, to relax, to effectively manage their medications, to increase physical activity, to choose healthy foods, and to use action plans to set achievable and measurable goals that keep them on track.

Jeanne Baumann, RN, MSN, gave a presentation at the annual meeting of the Upper Peninsula Health Access Coalition on October 5, 2007, on the PATH Program.

Heidi Schneiderhan, LMSW, Behavioral Science Director for the Marquette Family Medicine Residency Program and Sheri Rule, a registered dietitian from Marquette General Health System Outpatient Dietary Department, presented at the June 2007, Marquette General Health System Social Work & Nursing Educational Videoconference, "ABC Coping Skills: Anorexia, Bulimia, and Compulsive Overeating." Heidi and Sheri presented a 90-minute workshop on eating disorders and coping skills. This presentation was based on what Heidi and Sheri teach about eating disorders to residents, medical students, and PharmD students during their psychiatric rotation.

Susan Tincknell will be a member of the Training Administrators of Graduate Medical Education Programs (TAGME). The task force's mission is to create a family medicine administrator exam. TAGME is the National Board for Certification of Training Administrators of Graduate Medical Education Programs. TAGME establishes standards for the profession, to acknowledge the expertise needed to successfully manage graduate medical education programs and to recognize those training program administrators who have achieved competence in all fields related to their profession.

Dr. Cameron Wilcox of Marquette General Health System's Psychiatry Department, and Heidi Schneiderhan, LMSW, Behavioral Science Director for the Marquette Family Medicine Residency Program, presented at the September 2007, Society of Teacher's of Family Medicine 28th Forum for Behavioral Science in Family Medicine. They presented a 2-hour workshop, "Hollywood and the DSM IV-TR." Dr. Wilcox and Heidi use Hollywood movies to educate residents, medical students and PharmD students about psychiatric diagnosis, personality disorders, interviewing skills, intervention techniques, and community resources.

Heidi Schneiderhan, LMSW, Behavioral Science Director for the Marquette Family Medicine Residency Program and Liz Siivila, RN, Risk Manager of Keweenaw Memorial Hospital presented "When the Caregiver Needs Care: CISM" at Marquette General Health System's Grief Conference October 2007. Heidi and Liz presented a 90-minute workshop on a caregiver's role, image armor, cumulative stress, traumatizing events, normal signs and symptoms of stress, and critical incident stress management.

# News from the Residency ...

Jeanne Baumann, RN, MSN, received the George A.L. Gant Award for volunteer work over the last 15 years in the Upper Peninsula region on Saturday, November 10, 2007, during the National Multiple Sclerosis Society - Michigan Chapter's Volunteer Recognition Banquet in Troy, Michigan. David Lander, formerly Squiggy on Laverne and Shirley, spoke at the banquet along with research physicians from the University of Michigan. Jeanne has been a member of the UP Service Council for several years and is currently secretary of the board.

## Marquette Family Medicine Residency Receives Full Accreditation

The Accreditation Council for Graduate Medical Education (ACGME) awarded the Marquette Family Medicine Residency full accreditation upon completion of the July 2007 Residency Review Committee site visit.

The ACGME is a private, non-profit council that evaluates and accredits medical residency programs in the United States to improve health care by assessing and advancing the quality of resident physicians' education. ACGME's affiliates include American Hospital Association, American Medical Association, Association of American Medical Colleges, the American Board of Medical Specialties, and the Council of Medical Specialty Societies.

The ACGME evaluates residency programs in the areas of resident performance, faculty development, graduate performance, including program graduate performance on certification examinations, and program quality. The Marquette Family Medicine Residency Program received a full five-year accreditation, the maximum possible under the site review system.

The Residency has received a full five-year accreditation with every site review since the program's first review. The five-year accreditation reflects the quality of residents, graduates, and residency staff.

"With the 2007 class, we will have graduated one hundred and thirty-five family physicians since the program's inception in 1979," comments Dr. Bill Short, Director of the Marquette Family Medicine Residency Program. He added that almost half of all graduates are now practicing in the Upper Peninsula. This represents one third of the UP's family physicians, one third of our emergency physicians, and two thirds of the new hospitalist specialty.

Many of the program's graduates throughout the region are health care and community leaders, including many physicians with MGHS. In addition, many provide volunteer services at their community's schools, service organizations, and places of worship.

And many continue our mission by teaching our current residents and medical students.

# News from the Grants & Research Unit

## Alger County Community Health Study

Third year medical students are currently choosing topics for the third annual Alger County Community Health Study. The health study advisory board met in regard to the needs, interests, and opportunities in The Alger County area to assist in developing both topics and questions relevant to the rural community.

The 2007 health surveys have been compiled and the data will be presented to the community in January 2008.

## Helping Hands Grant

The Upper Peninsula Material Emotional Support Program, developed by Sarah Roberts, Year 4, received \$2,100 in additional funding from the Hospital Auxiliary Fund. The original grant was provided by the American Psychiatric Foundation's Helping Hands grant program. These additional funds will be used to buy educational materials for new mothers who are at risk of developing postpartum depression.

As part of the health care provider education built into this project, MSU CHM students were invited to attend the postpartum depression session given by Nancy Roberts, RN, on September 14, 2007, for the pediatric/prenatal conference at MGHS.

Beyond organizing the postpartum depression session, Ms. Roberts has been instrumental in developing the postpartum depression screening program currently being piloted at MGH, writing the original grant proposal, meeting with family medicine, psychiatric, pediatric and OB practitioners to inform them of the new screening program, and helping to develop an intervention protocol and documentation forms for high risk mothers.

Ms. Roberts also met with nursing students and educated them about PPD as well as the screening program and met with all OB Nurse Managers on October 23, 2007, for education and program development in their own hospital systems. In addition, a postpartum mood disorder provider referral listing has been developed with 14 providers contracted.

## Pre-Med Research

Jody Lindberg and Dana Klope, Year 4, spoke to the pre-med club at Northern Michigan University in November regarding beginning a career in research, opportunities for involvement in research, and research as a medical student.

Opportunities for pre-med students to be involved in current research activities are being coordinated. UPHEC has also extended its invitation for premed students and other collaborators to attend the educational UPHEC research meetings held each month during the school year.

# News from the Grants & Research Unit

## Gastroesophageal Reflux (GER) in Infants Study

Both subject recruitment and data collection are complete. The sixth quarter of the Gastroesophageal Reflux in Infants Study being conducted by Drs. Van Howe and Storms will focus on statistical analysis of the data.

## MSU Campus Research

Jody Lindberg attended the research director's meeting in Lansing, Michigan, on November 13, 2007. RD's from the six CHM campuses are looking for research opportunities involving all campuses. The next meeting is scheduled for January.

# News from NAHEC

By Carolyn Weissbach, J.D., M.P.H.  
Director, Northern Area Health Education Center  
Project Director, Area Geriatric Education Scholars, UPHEC

## **AGES Update: Planning for 2008 Area Geriatric Education Scholars Program Underway**

UPHEC is already busy making plans for next year's AGES program. Long-term care placement sites are being cultivated, program materials are being developed and funds are being raised to support summer 2008 AGES interns.

The summer 2007 AGES offering was very successful. UPHEC oriented, trained and placed 38 UP high school juniors and seniors at 13 public and private long-term care sites in students' home communities throughout the region. Several intern-alums have started their pre-med, nursing, physical therapy, and physician assistant studies this fall.

The AGES program was recently promoted at the Upper Peninsula Nonprofit Conference on "Keys to Collaboration" at Northern Michigan University in Marquette on October 19. A panel presentation was led by AGES Project Director Carolyn Weissbach and AGES partners from Northern Michigan University's Seaborg Center (Susan Nazarko) and Portage Pointe long-term care facility in Hancock (Julie Beck) while information about this past summer's program was exhibited with assistance from Larry Alexander about activities conducted and partnerships built around the UP over the past two summers.

Weissbach was presented with an honorable mention award from the Claude Pepper Awards Program sponsored by Blue Cross and Blue Shield of Michigan and the Blue Care Network based on her work with the AGES program. She was one of 42 Michiganders, including two other UP residents, who received this recognition for helping improve the lives of the state's elderly population was presented on September 14 at the BCBS of Michigan Senior Advisory Council's 17th annual conference in Mt. Pleasant. Two other senior Michigan residents were presented with the Claude Pepper Award from their contributions in advocating and working on behalf of seniors.

Dates of interest for the Summer AGES program are:

- March 3, 2008 -- Summer 2008 AGES Internship Applications Released
- May 2, 2008 -- Application Deadline
- May 2 - May 23, 2008 -- Applications Reviewed and Interviews Conducted
- May 28, 2008 -- Applicants Notified of Acceptance Decisions
- June 11 - 13, 2008 -- AGES Pre-Internship Orientation in Marquette
- June 23 - August 8, 2008 -- Summer 2008 AGES Internships

Additional information will be posted on the UPHEC website at [www.mgh.org/UPHEC](http://www.mgh.org/UPHEC) as it becomes available.