

STROKE IS AN EMERGENCY

Every minute counts

ACT F.A.S.T.



Face – Is there a facial droop? Ask the person to show teeth or smile. Does the face look uneven?



Arm – Is there one-sided weakness? Ask the person to raise and extend both arms out. Does one arm drift downward?



Speech – Is their speech abnormal? Ask the person to repeat a simple phrase. Does their speech sound strange?



Time – Every second without oxygen brain cells die.

If someone has one or more of these signs, don't delay **call 911 or your local emergency number**



MM MARQUETTE
GENERAL
HEALTH SYSTEM