



Day 15
Thursday – September 30, 2010

Midnights

Minestrone Soup 52/0/10/398	\$1.29
Cream of Chicken Soup 130/4/13/112	1.19
Breaded Pork Chop 318/14/15/144	2.99
Macaroni & Cheese 514/25/49/485	1.79
Mashed Potatoes 80/1/17/274	.69
Oven Brown Potatoes 160/0/37/9	.69
Peas 53/0/11/188	.69
Cauliflower 18/0/2/8	.69
Desserts/Salads also available	

Breakfast

Scrambled Eggs 93/6/0/1	\$.69
Hard-Boiled Egg 78/5/0/1	.49
Hashbrowns 130/6/17/330	.69
Sausage 237/23/0/737	.49
Bacon 200/5/0/101	.49
Oatmeal 150/0/28/0	.69
Malt-O-Meal 120/0/24/10	.69
Cinnamon Rolls 310/6/56/340	1.09

Lunch

Cream of Tomato Soup 114/4/16/681	\$1.19
Sweet Onion Potato Soup 67/2/12/371	1.29
Roast Beef 167/14/0/456	2.79
Pork Fried Rice 237/11/16/778	3.59
Cheese Tortellini 425/17/54/1497	1.99
Mashed Potatoes 80/1/17/274	.69
Beets 40/0/5/250	.69
Mixed Vegetables 45/0/6/63	.69
Rice Pudding 148/4/25/50	.69
White Chocolate Macadamia Cookie 176/11/21/89	.35

Supper

Vegetable Beef Soup 71/1/10/443	1.29
Sesame Chicken 214/8/2/126	3.59
Cheese Tortellini 425/17/54/1497	1.99
Mashed Potatoes 80/1/17/274	.69
Bread Dressing 162/5/24/437	.69
Green Beans 24/0/4/0	.69
Corn 75/0/16/0	.69
Chocolate Cake 481/21/72/363	.89