



Day 5
Monday – September 20, 2010

Midnights

Cream of Cauliflower Broccoli 142/8/11/606	\$1.19
Tomato Basil Soup 96/3/15/541	1.29
Szechwan Chicken 165/7/18/1930	3.59
Rice 150/0/33/4	.69
Salmon 249/12/0/179	4.99
Hot Dog 265/15/22/703	1.29
Chili Dog 351/18/31/1048	1.79
Mashed Potatoes 80/1/17/274	.69
French Style Green Beans 20/0/4/0	.69
California Blend Vegetables 20/0/4/17	.69

Desserts/Salads also available

Breakfast

Scrambled Eggs 93/6/0/1	\$.69
Hard-Boiled Egg 78/5/0/1	.49
Breakfast Casserole Florentine 348/22/15/546	1.79
Sausage 237/23/0/737	.49
Canadian Bacon 45/2/0/325	.69
Oatmeal 150/0/28/0	.69
Cream of Wheat 120/0/26/12	.69
Muffin 140/5/23/195	.69

Lunch

Minestrone Soup 52/0/10/398	\$1.29
Cheesy Wild Rice Soup 151/8/12/415	1.19
Breaded Pork Chop 318/14/15/144	2.99
Reuben Casserole 544/28/45/1909	2.39
Mashed Potatoes 80/1/17/274	.69
Oven Brown Potatoes 160/0/37/9	.69
Asparagus 14/0/2/3	.99
Cauliflower 18/0/2/8	.69
Date Bar 442/17/71/333	.99
Coconut Cream Pie 264/13/35/327	1.49

Supper

Cream of Chicken Soup 130/4/13/112	\$1.19
Lasagna 684/25/66/1142	3.59
Breaded Pork Chop 318/14/15/144	2.99
Grilled Veggie Sandwich 451/23/51/815	2.79
Mashed Potatoes 80/1/17/274	.69
Garlic Bread 170/10/16/260	.49
Peas 53/0/11/188	.69
Riviera Vegetables 18/0/3/10	.69
Chocolate Chip Cookie 123/7/15/64	.35