



Day 16
Wednesday – November 24, 2010

Midnights

Cream of Tomato Soup 114/4/16/681	\$1.19
Vegetable Beef Soup 71/1/10/443	1.29
Sesame Chicken 214/8/2/1263	3.59
Cheese Tortellini 425/17/54/1497	1.99
Mashed Potatoes 80/1/17/274	.69
Beets 40/0/5/25	.69
Mixed Vegetables 45/0/9/63	.69
Desserts/Salads also available	

Breakfast

Scrambled Eggs 93/6/0/1	\$.69
Hard-Boiled Egg 78/5/0/1	.49
Bacon 200/5/0/101	.49
Sausage 237/23/0/737	.49
Oatmeal 150/0/28/0	.69
Cream of Wheat 122/0/26/12	.69
Biscuits & Gravy 719/45/60/2116	1.49

Lunch

Beef Noodle Soup 179/6/22/350	\$1.29
Cream of Spinach Soup 135/9/9/687	1.19
Cod Almondine 234/14/6/187	2.99
Beef Stew 282/10/25/358	3.59
Biscuit 200/10/23/600	.49
Mashed Potatoes 80/1/17/274	.69
Acorn Squash 383/11/74/155	.99
Broccoli 30/0/4/20	.69
Mudslide Cookie 124/7/17/49	.35
Chocolate Nut Bar 548/27/75/147	1.49

Supper

Cream of Mushroom Soup 85/1/13/385	1.19
Chicken Noodle Casserole 437/24/26/427	2.39
Beef Stew 282/10/25/358	3.59
Cod Almondine 234/14/6/187	2.99
Mashed Potatoes 80/1/17/274	.69
Baked Potato 185/0/43/13	.69
Biscuit 200/10/25/700	.49
Riviera Blend Vegetables 18/0/3/10	.69
Oriental Vegetables 15/0/3/100	.69
Strawberry Bavarian 251/7/47/140	.89