



Day 12
Saturday – November 20, 2010

Midnights

Tortilla Soup 108/4/11/352	\$1.29
Chicken Rice Soup 76/1/11/594	1.29
Chicken Parmesan 321/14/14/1049	3.59
Breaded Pork Chop 318/14/15/144	2.99
Mashed Potatoes 80/1/17/274	.69
Noodles 197/1/40/1	.69
Acorn Squash 383/11/74/155	.99
Spinach Casserole 193/11/10/427	.99

Desserts/Salads also available

Breakfast

Scrambled Eggs 93/6/0/1	\$.69
Hard-Boiled Egg 78/5/0/1	.49
Hashbrowns 130/6/17/330	.69
Bacon 200/5/0/101	.49
Sausage 237/23/0/737	.49
Oatmeal 150/0/28/0	.69
Malt-O-Meal 120/0/24/10	.69
Coffee Cake 395/16/60/313	.89

Lunch

Beef Noodle Soup 124/3/17/830	\$1.29
Meatloaf 220/10/10/291	1.99
Calzone 400/19/40/1020	2.99
Mashed Potatoes 80/1/17/274	.69
Spanish Rice 168/4/30/312	.69
Corn 75/1/16/0	.69
Beets 40/0/5/250	.69
Peanut Butter Cookie 156/11/14/115	.35

Supper

Cheesy Potato Soup 208/8/26/312	\$1.19
BBQ Chicken 336/17/6/233	3.59
Turkey Mignon 220/8/3/890	3.59
Mashed Potatoes 80/1/17/274	.69
Noodles Romanoff 381/17/39/339	.69
Asparagus 14/0/2/3	.99
Mixed Vegetables 45/0/9/63	.69
Banana Cake 307/14/45/221	.89