



Day 5
Saturday – November 13, 2010

Midnights

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| Chili 175/7/18/702 | 1.29 |
| Tomato Basil Soup 96/3/15/541 | 1.29 |
| Szechwan Chicken 165/7/18/1930 | 3.59 |
| Rice 150/0/33/4 | .69 |
| Hot Dog 265/15/22/703 | 1.29 |
| Chili Dog 351/18/31/1048 | 1.79 |
| Mashed Potatoes 80/1/17/274 | .69 |
| French Style Green Beans 20/0/4/0 | .69 |
| California Blend Vegetables 20/0/4/17 | .69 |

Desserts/Salads also available

Breakfast

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| Scrambled Eggs 93/6/0/1 | \$.69 |
| Hard-Boiled Egg 78/5/0/1 | .49 |
| Breakfast Casserole Florentine 348/22/15/546 | 1.79 |
| Sausage 237/23/0/737 | .49 |
| Bacon 200/5/0/101 | .69 |
| Oatmeal 150/0/28/0 | .69 |
| Cream of Wheat 120/0/26/12 | .69 |
| Muffin 140/5/23/195 | .69 |

Lunch

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| Minestrone Soup 52/0/10/398 | \$1.29 |
| Cheesy Wild Rice Soup 151/8/12/415 | 1.19 |
| Breaded Pork Chop 318/14/15/144 | 2.99 |
| Reuben Casserole 544/28/45/1909 | 2.39 |
| Mashed Potatoes 80/1/17/274 | .69 |
| Oven Brown Potatoes 160/0/37/9 | .69 |
| Asparagus 14/0/2/3 | .99 |
| Cauliflower 18/0/2/8 | .69 |
| Date Bar 442/17/71/333 | .99 |
| Coconut Cream Pie 264/13/35/327 | 1.49 |

Supper

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| Cream of Chicken Soup 130/4/13/112 | \$1.19 |
| Lasagna 684/25/66/1142 | 3.59 |
| Breaded Pork Chop 318/14/15/144 | 2.99 |
| Grilled Veggie Sandwich 451/23/51/815 | 2.79 |
| Mashed Potatoes 80/1/17/274 | .69 |
| Garlic Bread 170/10/16/260 | .49 |
| Peas 53/0/11/188 | .69 |
| Riviera Vegetables 18/0/3/10 | .69 |
| Chocolate Chip Cookie 123/7/15/64 | .35 |