



Day 4
Friday – November 12, 2010

Midnights

Beef Noodle Soup 119/4/12/585	\$1.29
Cheesy Potato Soup 208/8/26/312	1.19
Meatloaf 220/10/10/291	1.99
BBQ Chicken 336/17/6/233	3.59
Mashed Potatoes 80/1/17/274	.69
Noodles Romanoff 381/17/39/339	.69
Corn 75/1/16/0	.69
Asparagus 14/0/2/3	.99
Desserts/Salads also available	

Breakfast

Scrambled Eggs 93/6/0/1	\$.69
Hard-Boiled Egg 78/5/0/1	.49
Sausage 237/23/0/737	.49
Bacon 200/5/0/101	.49
Oatmeal 150/0/28/0	.69
Cream of Wheat 122/0/26/12	.69
French Toast Sticks(5) 565/40/50/550	1.09
Banana Foster Bread Pudding 624/37/67/535	.89

Lunch

Cream of Cauliflower Broccoli Soup 142/8/11/606	\$1.19
Chili 175/7/18/702	1.29
Salmon 249/12/0/179	4.99
Szechwan Chicken 165/7/18/1930	3.59
Hot Dog 265/15/22/703	1.29
Chili Dog 351/18/31/1048	1.79
Mashed Potatoes 80/1/17/274	.69
Rice 150/0/33/4	.69
French Style Green Beans 20/0/4/0	.69
California Blend Vegetables 20/0/4/17	.69
Blueberry Banana Bread 317/12/47/224	.69
Brownies 407/21/55/181	.99

Supper

Tomato Basil Soup 96/3/15/541	\$1.29
Beef Stroganoff 329/13/28/575	3.59
Szechwan Chicken 165/7/18/1930	3.59
Salmon 249/12/0/179	4.99
Mashed Potatoes 80/1/17/274	.69
Noodles 197/1/40/1	.69
Rice 150/0/33/4	.69
Carrots 26/0/5/45	.69
Brussels Sprouts 45/0/8/15	.69
Lemon Walnut Cookie 145/8/15/95	.35