



**Day 2**  
**Wednesday – November 10, 2010**

**Midnights**

<b>Cheesy Wild Rice Soup</b> 151/8/12/415	<b>\$1.19</b>
<b>Beef Barley Soup</b> 124/8/12/415	<b>1.29</b>
<b>Roast Turkey</b> 228/11/0/650	<b>2.39</b>
<b>Au Gratin Potatoes and Ham</b> 271/13/22/959	<b>1.79</b>
<b>Mashed Potatoes</b> 80/1/17/274	<b>.69</b>
<b>Bread Dressing</b> 195/6/29/454	<b>.69</b>
<b>Green Beans</b> 24/0/4/0	<b>.69</b>
<b>Baby Carrots</b> 25/0/5/50	<b>.99</b>

**Desserts/Salads also available**

**Breakfast**

<b>Scrambled Eggs</b> 93/6/0/1	<b>\$.69</b>
<b>Hard Boiled Egg</b> 78/5/0/1	<b>.49</b>
<b>Breakfast Casserole Asparagus &amp; Sundried Tomato</b> 331/20/17/534	<b>1.79</b>
<b>Sausage</b> 237/23/0/737	<b>.49</b>
<b>Bacon</b> 200/5/0/101	<b>.49</b>
<b>Oatmeal</b> 150/0/28/0	<b>.69</b>
<b>Scones</b> 255/11/35/198	<b>1.09</b>

**Lunch**

<b>Cream of Mushroom Soup</b> 85/1/13/385	<b>\$1.19</b>
<b>Sweet Corn Chowder</b> 159/4/25/449	<b>1.29</b>
<b>Chicken Parmesan</b> 321/14/14/1049	<b>3.59</b>
<b>Spinach Pie</b> 430/19/48/488	<b>1.79</b>
<b>Mashed Potatoes</b> 80/1/17/274	<b>.69</b>
<b>Noodles</b> 197/1/40/1	<b>.69</b>
<b>Peas</b> 53/0/11/188	<b>.69</b>
<b>Mandarin Vegetables</b> 27/0/5/13	<b>.69</b>
<b>Dutch Apple Pie</b> 337/15/48/154	<b>1.49</b>
<b>Pumpkin Bar</b> 270/11/42/189	<b>.69</b>

**Supper**

<b>Chicken Rice Soup</b> 76/1/11/594	<b>\$1.29</b>
<b>Breaded Pork Chop</b> 318/14/15/144	<b>2.99</b>
<b>Spinach Pie</b> 430/19/4/488	<b>1.79</b>
<b>Tuna Melt</b> 389/19/32/749	<b>1.99</b>
<b>Mashed Potatoes</b> 80/1/17/274	<b>.69</b>
<b>Oven Brown Potatoes</b> 160/0/37/9	<b>.69</b>
<b>Acorn Squash</b> 383/11/74/155	<b>.99</b>
<b>Broccoli</b> 30/0/4/20	<b>.69</b>
<b>Snickerdoodle</b> 142/6/21/106	<b>.35</b>