



Day 1
Tuesday – November 9, 2010

Midnights

Garden Vegetable Soup 56/1/13/529	\$1.29
Cream of Broccoli Cauliflower Soup 139/7/14/158	1.19
Spaghetti & Meat Sauce 360/19/28/581	3.59
Spaghetti Noodles 197/1/40/1	.69
Peppercorn Steak Sandwich 378/15/37/753	3.59
Mashed Potatoes 80/1/17/274	.69
Peas 53/0/11/188	.69
California Blend Vegetables 20/0/4/17	.69
Desserts/Salads also available	

Breakfast

Scrambled Eggs 93/6/0/1	\$.69
Hard-Boiled Egg 78/5/0/1	.49
Sausage 237/23/0/737	.49
Canadian Bacon 45/2/0/325	.69
Oatmeal 150/0/28/0	.69
Cream of Wheat 122/0/26/12	.69
French Toast Sticks(5) 565/40/50/550	1.09

Lunch

Beef Barley Soup 124/3/17/830	\$1.29
Cheesy Wild Rice Soup 151/8/12/415	1.19
Roast Turkey 228/11/0/650	2.39
Chicken Wings 350/21/10/750	2.79
Au Gratin Potatoes and Ham 297/13/28/996	1.79
Mashed Potatoes 80/1/17/274	.69
Bread Dressing 162/5/24/437	.69
Green Beans 24/0/4/0	.69
Cauliflower 18/0/2/8	.69
Oatmeal Raisin Cookie 108/5/16/121	.35
Carrot Cake 658/38/74/453	.89
Cottage Cheese Fruit Plate 222/3/36/480	3.59

Supper

Cream of Tomato Soup 114/4/16/681	\$1.19
Roast Beef 165/14/0/456	2.79
Roast Turkey 228/11/0/650	2.39
Chicken Wings 350/21/10/750	2.79
Mashed Potatoes 80/1/17/274	.69
Parsleyed Potatoes 232/0/53/20	.69
Baby Carrots 25/0/5/50	.99
Mixed Vegetables 45/0/9/63	.69
Brownie 407/21/55/181	.99