



**Day 18**  
**Monday – November 8, 2010**

**Midnights**

<b>Cheesy Potato Soup</b> 208/8/26/312	<b>\$1.19</b>
<b>Beef Noodle Soup</b> 179/6/22/350	<b>1.29</b>
<b>Chicken Noodle Casserole</b> 437/24/26/427	<b>2.39</b>
<b>Meatloaf</b> 220/10/10/291	<b>1.99</b>
<b>Mashed Potatoes</b> 80/1/17/274	<b>.69</b>
<b>Riviera Blend Vegetables</b> 18/0/3/10	<b>.69</b>
<b>Cauliflower</b> 18/0/2/8	<b>.69</b>
<b>Desserts/Salads also available</b>	

**Breakfast**

<b>Scrambled Eggs</b> 93/6/0/1	<b>\$.69</b>
<b>Hard-Boiled Egg</b> 78/5/0/1	<b>.49</b>
<b>Hashbrowns</b> 130/6/17/330	<b>.69</b>
<b>Bacon</b> 200/23/0/101	<b>.49</b>
<b>Sausage</b> 231/23/0/737	<b>.49</b>
<b>Oatmeal</b> 150/0/28/0	<b>.69</b>
<b>Malt-O-Meal</b> 120/0/24/10	<b>.69</b>
<b>Apple Coffeecake</b> 395/16/60/313	<b>.89</b>

**Lunch**

<b>Garden Vegetable Soup</b> 56/1/13/529	<b>\$1.29</b>
<b>Steak and Potato Soup</b> 216/13/13/587	<b>1.19</b>
<b>Spaghetti and Meat Sauce</b> 360/19/28/581	<b>3.59</b>
<b>Lawry's Pasty</b> 440/24/44/920	<b>2.99</b>
<b>Garlic Bread</b> 170/10/16/260	<b>.69</b>
<b>Mashed Potatoes</b> 80/1/17/274	<b>.69</b>
<b>Spaghetti Noodles</b> 197/1/40/1	<b>.69</b>
<b>Peas</b> 53/0/11/188	<b>.69</b>
<b>California Blend Vegetables</b> 20/0/4/7	<b>.69</b>
<b>Blondie Bar</b> 360/18/51/237	<b>.89</b>
<b>White Cake</b> 471/17/76/367	<b>.89</b>

**Supper**

<b>Cream of Broccoli Cauliflower Soup</b> 139/7/14/158	<b>\$1.19</b>
<b>Breaded Chicken</b> 234/4/15/151	<b>2.99</b>
<b>Peppercorn Steak Sandwich</b> 378/15/37/753	<b>3.59</b>
<b>Macaroni &amp; Cheese</b> 514/25/49/485	<b>1.79</b>
<b>Mashed Potatoes</b> 80/1/17/274	<b>.69</b>
<b>Risotto</b> 296/7/49/984	<b>.69</b>
<b>Beets</b> 40/0/5/25	<b>.69</b>
<b>Brussels Sprouts</b> 45/0/8/15	<b>.69</b>
<b>Raspberry Pie</b> 386/13/66/179	<b>1.49</b>