



**Day 16**  
**Saturday – November 6, 2010**

**Midnights**

<b>Cream of Tomato Soup</b> 114/4/16/681	<b>\$1.19</b>
<b>Vegetable Beef Soup</b> 71/1/10/443	<b>1.29</b>
<b>Sesame Chicken</b> 214/8/2/1263	<b>3.59</b>
<b>Cheese Tortellini</b> 425/17/54/1497	<b>1.99</b>
<b>Mashed Potatoes</b> 80/1/17/274	<b>.69</b>
<b>Beets</b> 40/0/5/25	<b>.69</b>
<b>Mixed Vegetables</b> 45/0/9/63	<b>.69</b>
<b>Desserts/Salads also available</b>	

**Breakfast**

<b>Scrambled Eggs</b> 93/6/0/1	<b>\$.69</b>
<b>Hard-Boiled Egg</b> 78/5/0/1	<b>.49</b>
<b>Bacon</b> 200/5/0/101	<b>.49</b>
<b>Sausage</b> 237/23/0/737	<b>.49</b>
<b>Oatmeal</b> 150/0/28/0	<b>.69</b>
<b>Cream of Wheat</b> 122/0/26/12	<b>.69</b>

**Lunch**

<b>Chicken Noodle Soup</b> 72/1/10/453	<b>\$1.29</b>
<b>Cod Almondine</b> 234/14/6/187	<b>2.99</b>
<b>Calzone</b> 400/19/40/1020	<b>2.99</b>
<b>Mashed Potatoes</b> 80/1/17/274	<b>.69</b>
<b>Acorn Squash</b> 383/11/74/155	<b>.99</b>
<b>Broccoli</b> 30/0/4/20	<b>.69</b>
<b>Mudslide Cookie</b> 124/7/17/49	<b>.35</b>

**Supper**

<b>Cream of Mushroom Soup</b> 85/1/13/385	<b>1.19</b>
<b>Roast Turkey</b> 228/11/0/650	<b>2.39</b>
<b>Cod Almondine</b> 234/14/6/187	<b>2.99</b>
<b>Mashed Potatoes</b> 80/1/17/274	<b>.69</b>
<b>Candied Sweet Potatoes</b> 274/0/70/54	<b>.99</b>
<b>Baby Carrots</b> 25/0/5/50	<b>.99</b>
<b>Oriental Vegetables</b> 15/0/3/100	<b>.69</b>
<b>Strawberry Bavarian</b> 251/7/47/140	<b>.89</b>