



**Day 11**  
**Monday – November 1, 2010**

**Midnights**

<b>Beef Barley Soup</b> 116/3/18/539	<b>\$1.29</b>
<b>Cream of Tomato</b> 114/4/16/681	<b>1.19</b>
<b>Roast Turkey</b> 228/11/0/650	<b>2.39</b>
<b>Lawry's Pasty</b> 440/24/44/920	<b>2.99</b>
<b>Mashed Potatoes</b> 80/1/17/274	<b>.69</b>
<b>Green Beans</b> 24/0/4/0	<b>.69</b>
<b>Baby Carrots</b> 25/0/5/50	<b>.99</b>

**Desserts/Salads also available**

**Breakfast**

<b>Scrambled Eggs</b> 93/6/0/1	<b>\$.69</b>
<b>Hard-Boiled Egg</b> 78/5/0/1	<b>.49</b>
<b>Cheese Omelet</b> 180/13/3/380	<b>1.09</b>
<b>Sausage</b> 237/23/0/737	<b>.49</b>
<b>Bacon</b> 200/5/0/101	<b>.49</b>
<b>Oatmeal</b> 150/0/28/0	<b>.69</b>
<b>Scones</b> 255/11/35/198	<b>1.09</b>

**Lunch**

<b>Chicken Rice Soup</b> 76/1/11/594	<b>\$1.29</b>
<b>Tortilla Soup</b> 108/4/11/352	<b>1.29</b>
<b>Chicken Parmesan</b> 321/14/14/1049	<b>3.59</b>
<b>Bratwurst</b> 349/22/24/1019	<b>1.79</b>
<b>Mashed Potatoes</b> 80/1/17/274	<b>.69</b>
<b>Noodles</b> 197/1/40/1	<b>.69</b>
<b>Peas</b> 53/0/11/188	<b>.69</b>
<b>Spinach Casserole</b> 193/11/10/427	<b>.99</b>
<b>Dutch Apple Pie</b> 337/15/48/154	<b>1.49</b>
<b>Chocolate Cake</b> 481/21/72/363	<b>.89</b>

**Supper**

<b>Chicken Rice Soup</b> 76/1/11/594	<b>\$1.29</b>
<b>Breaded Pork Chop</b> 318/14/15/144	<b>2.99</b>
<b>Swedish Meatballs</b> 277/14/4/453	<b>2.79</b>
<b>Bratwurst</b> 349/22/24/1019	<b>1.79</b>
<b>Mashed Potatoes</b> 80/1/17/274	<b>.69</b>
<b>Noodles</b> 197/1/40/1	<b>.69</b>
<b>Acorn Squash</b> 383/11/74/155	<b>.99</b>
<b>Broccoli</b> 30/0/4/20	<b>.69</b>
<b>Snickerdoodle</b> 142/6/21/106	<b>.35</b>