



Day 11
 Saturday – December 25, 2010
Merry Christmas!!



Midnights

Beef Barley Soup 116/3/18/539	\$1.29
Cream of Tomato 114/4/16/681	1.19
Stuffed Chicken with Long Grain Wild Rice	4.99
Lawry's Pasty 440/24/44/920	2.99
Mashed Potatoes 80/1/17/274	.69
Green Beans 24/0/4/0	.69
Baby Carrots 25/0/5/50	.99
Strawberry Cream Cheese Gelatin Salad	.79
Brownies	.99
Relish Tray	

Breakfast

Scrambled Eggs 93/6/0/1	\$.69
Hard-Boiled Egg 78/5/0/1	.49
Cheese Omelet 180/13/3/380	1.09
Sausage 237/23/0/737	.49
Bacon 200/5/0/101	.49
Oatmeal 150/0/28/0	.69
Scones 255/11/35/198	1.09

Lunch

Cream of Mushroom Soup 88/1/13/385	\$1.19
Stuffed Chicken with Long Grain Rice	4.99
Mashed Potatoes 80/1/17/274	.69
Broccoli	.69
Riviera Blend Vegetables	.69
Strawberry Cream Cheese Gelatin Salad	.79
Chocolate Cake 481/21/72/363	.89
Relish Tray	

Supper

Chicken Rice Soup 76/1/11/594	\$1.29
Breaded Pork Chop 318/14/15/144	2.99
Stuffed Chicken with Long Grain Rice	4.99
Mashed Potatoes 80/1/17/274	.69
Acorn Squash 383/11/74/155	.99
Peas	.69
Strawberry Cream Cheese Gelatin Salad	.79
Chocolate Cake 481/21/72/363	.89
Relish Tray	



“149/5/21/890” = Calories/fat grams/carbohydrate grams/sodium milligrams

