



**Day 8**  
**Wednesday – December 22, 2010**

**Midnights**

<b>Chicken Noodle Soup</b> 72/1/10/453	<b>\$1.29</b>
<b>Cream of Mushroom Soup</b> 85/1/13/385	<b>1.19</b>
<b>Mashed Potatoes</b> 80/1/17/274	<b>.69</b>
<b>Hashbrowns</b> 130/6/17/330	<b>.69</b>
<b>Bacon</b> 200/5/0/101	<b>.49</b>
<b>Sausage</b> 237/23/0/737	<b>.49</b>
<b>French Toast Sticks(5)</b> 565/40/50/550	<b>1.09</b>
<b>Hard-Boiled Egg</b> 78/5/0/1	<b>.49</b>
<b>Desserts/Salads also available</b>	

**Breakfast**

<b>Scrambled Eggs</b> 93/6/0/1	<b>\$.69</b>
<b>Hard-Boiled Egg</b> 78/5/0/1	<b>.49</b>
<b>Breakfast Casserole Lorraine</b> 449/26/12/958	<b>1.79</b>
<b>Bacon</b> 200/5/0/101	<b>.49</b>
<b>Sausage</b> 237/23/0/737	<b>.49</b>
<b>Oatmeal</b> 150/0/28/0	<b>.69</b>
<b>Cinnamon Rolls</b> 310/6/56/340	<b>1.09</b>

**Lunch**

<b>Cheesy Potato Soup</b> 208/8/26/312	<b>\$1.19</b>
<b>Taco Soup</b> 207/11/16/643	<b>1.29</b>
<b>Chicken Noodle Casserole</b> 437/24/26/427	<b>2.39</b>
<b>Garlic Herb Crusted Tilapia</b> 230/9/15/240	<b>3.59</b>
<b>Braised Short Ribs</b> 360/27/2/345	<b>3.99</b>
<b>Risotto</b> 296/7/49/984	<b>.69</b>
<b>Mashed Potatoes</b> 80/1/17/274	<b>.69</b>
<b>Asparagus</b> 14/0/2/3	<b>.99</b>
<b>Riviera Blend Vegetables</b> 18/0/3/10	<b>.69</b>
<b>Pistachio Dessert</b> 413/25/42/440	<b>1.29</b>
<b>German Chocolate Cake</b> 601/38/63/359	<b>.89</b>

**Supper**

<b>Beef Noodle Soup</b> 179/6/22/350	<b>\$1.29</b>
<b>Meatloaf</b> 220/10/10/291	<b>1.99</b>
<b>Braised Short Ribs</b> 360/27/2/345	<b>3.99</b>
<b>Mashed Potatoes</b> 80/1/17/274	<b>.69</b>
<b>Cheesy Potatoes</b> 222/9/27/203	<b>.99</b>
<b>French Style Green Beans</b> 20/0/4/0	<b>.69</b>
<b>Corn</b> 75/1/16/0	<b>.69</b>
<b>Shortbread Cookies</b> 278/19/25/188	<b>.69</b>