



Day 3
Friday – December 17, 2010

Midnights

Cream of Mushroom Soup	85/1/13/385	\$1.19
Chicken Rice Soup	76/1/11/594	1.29
Chicken Parmesan	321/14/14/1049	3.59
Tuna Melt	389/19/32/749	1.99
Mashed Potatoes	80/1/17/274	.69
Noodles	197/1/40/1	.69
Broccoli	30/0/4/20	.69
Mandarin Vegetables	27/0/5/13	.69
Desserts/Salads also available		

Breakfast

Scrambled Eggs	93/6/0/1	\$.69
Hard-Boiled Egg	78/5/0/1	.49
Hashbrowns	130/6/17/330	.69
Bacon	200/5/0/101	.49
Sausage	237/23/0/737	.49
Oatmeal	150/0/28/0	.69
Malt-O-Meal	120/0/24/10	.69
Cherry Coffee Cake	395/16/60/313	.89

Lunch

Beef Noodle Soup	179/6/22/350	\$1.29
Vegetable Tortellini Soup	132/2/25/770	1.29
Meatloaf	220/10/10/291	1.99
BBQ Chicken	336/17/6/233	3.59
Chicken Fajita Tortilla Casserole	293/10/32/1195	2.39
Noodles Romanoff	381/17/39/339	.69
Mashed Potatoes	80/1/17/274	.69
Corn	75/1/16/0	.69
Beets	40/0/5/250	.69
Peanut Butter Cookie	156/11/14/115	.35
Raspberry Delight	322/21/33/251	1.29

Supper

Cheesy Potato Soup	208/8/26/312	\$1.19
BBQ Chicken	336/17/6/233	3.59
Garlic Herb Crusted Tilapia	230/9/15/240	3.59
Mashed Potatoes	80/1/17/274	.69
Noodles Romanoff	381/17/39/339	.69
Asparagus	14/0/2/3	.99
Oriental Vegetables	15/0/3/100	.69
Banana Cake	307/14/45/221	.89