



**Day 2**  
**Thursday – December 16, 2010**

**Midnights**

|                                   |               |               |
|-----------------------------------|---------------|---------------|
| <b>Cheesy Wild Rice Soup</b>      | 151/8/12/415  | <b>\$1.19</b> |
| <b>Beef Barley Soup</b>           | 124/8/12/415  | <b>1.29</b>   |
| <b>Roast Turkey</b>               | 228/11/0/650  | <b>2.39</b>   |
| <b>Au Gratin Potatoes and Ham</b> | 271/13/22/959 | <b>1.79</b>   |
| <b>Mashed Potatoes</b>            | 80/1/17/274   | <b>.69</b>    |
| <b>Bread Dressing</b>             | 195/6/29/454  | <b>.69</b>    |
| <b>Green Beans</b>                | 24/0/4/0      | <b>.69</b>    |
| <b>Baby Carrots</b>               | 25/0/5/50     | <b>.99</b>    |

**Desserts/Salads also available**

**Breakfast**

|  |               |              |
|--|---------------|--------------|
| <b>Scrambled Eggs</b>                                      | 93/6/0/1      | <b>\$.69</b> |
| <b>Hard Boiled Egg</b>                                     | 78/5/0/1      | <b>.49</b>   |
| <b>Breakfast Casserole Asparagus &amp; Sundried Tomato</b> | 331/20/17/534 | <b>1.79</b>  |
| <b>Sausage</b>   | 237/23/0/737  | <b>.49</b>   |
| <b>Bacon</b>   | 200/5/0/101   | <b>.49</b>   |
| <b>Oatmeal</b>   | 150/0/28/0    | <b>.69</b>   |
| <b>Scones</b>  | 255/11/35/198 | <b>1.09</b>  |

**Lunch**

|                               |                |               |
|-------------------------------|----------------|---------------|
| <b>Cream of Mushroom Soup</b> | 85/1/13/385    | <b>\$1.19</b> |
| <b>Sweet Corn Chowder</b>     | 159/4/25/449   | <b>1.29</b>   |
| <b>Chicken Parmesan</b>       | 321/14/14/1049 | <b>3.59</b>   |
| <b>Spinach Pie</b>            | 430/19/48/488  | <b>1.79</b>   |
| <b>Mashed Potatoes</b>        | 80/1/17/27     | <b>.69</b>    |
| <b>Noodles</b>                | 197/1/40/1     | <b>.69</b>    |
| <b>Peas</b>                   | 53/0/11/188    | <b>.69</b>    |
| <b>Mandarin Vegetables</b>    | 27/0/5/13      | <b>.69</b>    |
| <b>Dutch Apple Pie</b>        | 337/15/48/154  | <b>1.49</b>   |
| <b>Pumpkin Bar</b>            | 270/11/42/189  | <b>.69</b>    |

**Supper**

|                            |               |               |
|----------------------------|---------------|---------------|
| <b>Chicken Rice Soup</b>   | 76/1/11/594   | <b>\$1.29</b> |
| <b>Breaded Pork Chop</b>   | 318/14/15/144 | <b>2.99</b>   |
| <b>Spinach Pie</b>         | 430/19/4/488  | <b>1.79</b>   |
| <b>Tuna Melt</b>           | 389/19/32/749 | <b>1.99</b>   |
| <b>Mashed Potatoes</b>     | 80/1/17/274   | <b>.69</b>    |
| <b>Oven Brown Potatoes</b> | 160/0/37/9    | <b>.69</b>    |
| <b>Acorn Squash</b>        | 383/11/74/155 | <b>.99</b>    |
| <b>Broccoli</b>            | 30/0/4/20     | <b>.69</b>    |
| <b>Snickerdoodle</b>       | 142/6/21/106  | <b>.35</b>    |