



Day 9
Sunday – December 5, 2010

Midnights

Cheesy Potato Soup 208/8/26/312	\$1.19
Beef Noodle Soup 179/6/22/350	1.29
Garlic Herb Crusted Tilapia 230/9/15/24	3.59
Meatloaf 220/10/10/291	1.99
Cheesy Potatoes 222/9/27/203	.99
Mashed Potatoes 80/1/17/274	.69
Asparagus 14/0/2/3	.99
Riviera Blend Vegetables 18/0/3/10	.69
Desserts/Salads also available	

Breakfast

Scrambled Eggs 93/6/0/1	\$.69
Hard-Boiled Egg 78/5/0/1	.49
Bacon 200/5/0/101	.49
Sausage 237/23/0/737	.49
Oatmeal 150/0/28/0	.69
Malt-O-Meal 120/0/24/10	.69
Coffeecake	.89

Lunch

Garden Vegetable Soup 56/1/13/529	\$1.29
Spaghetti 360/19/28/581	3.59
Pork Loin with Apple Chutney 193/6/16/48	3.99
Mashed Potatoes 80/1/17/274	.69
Spaghetti Noodles 197/1/40/1	.69
Garlic Bread 170/10/16/260	.69
Peas 53/0/11/188	.69
Brussels Sprouts 45/0/8/15	.69
Blondie Bar 360/18/51/237	.89

Supper

Cream of Cauliflower Broccoli Soup 139/7/14/158	\$1.19
Chicken Breast Saltimbocca 310/10/8/1210	4.99
Peppercorn Steak Sandwich 378/15/37/753	3.59
Macaroni & Cheese 514/25/49/485	1.79
Mashed Potatoes 80/1/17/274	.69
Oven Browned Potatoes 160/0/37/9	.69
Beets 40/0/5/250	.69
Roasted Vegetables 32/0/6/10	.69
Raspberry Pie 386/13/66/179	1.49